



**SPECIALIZED  
FITNESS  
RESOURCES**

1529 NW 89 COURT  
DORAL, FL 33172  
OFFICE (305) 752-0451  
FAX (305) 500-5585  
WWW.SPECIALIZEDWEB.COM  
INFO@SPECIALIZEDWEB.COM



## TABLE OF CONTENTS

### INSTALLATION

|                      |     |
|----------------------|-----|
| Job Site Conditions  | 3   |
| Subfloors            | 3   |
| Subfloor Preparation | 3-5 |
| Storage & Handling   | 5   |
| Roll Installation    | 6-7 |

### MAINTENANCE

|                        |   |
|------------------------|---|
| Cleaning Procedures    | 8 |
| Cleaning Product Chart | 9 |

### WARRANTY

|          |    |
|----------|----|
| Warranty | 10 |
|----------|----|

## INSTALLATION

### I. JOB SITE CONDITIONS

1. Installation should not begin until after all other trades are finished in the area. If the job requires other trades to work in the area after the installation of the floor, the floor should be protected with an appropriate cover. Kraft paper or plastic works well.
2. Areas to receive flooring should be weather tight and maintained at a minimum uniform temperature of 65°F (18°C) for 48 hours before, during, and after the installation.

### II. SUBFLOORS

SFR REBOUND may be installed over concrete, approved Portland- based patching and leveling materials, such as Ardex K-15 or equivalent, and wood.

**NOTE:** Ardex Engineered Cements  
400 Ardex Park Drive  
Aliquippa, PA 15001  
(724) 203-5000

**NOTE:** Gypsum-based patching and leveling compounds are not acceptable.

1. Wood Subfloors – Wood subfloors should be double constructed, rigid and free from movement with a minimum of 18 inches of well-ventilated air space below.
2. Underlayments – The preferred underlayment panel is American Plywood Association (APA) underlayment grade plywood, minimum thickness of 1/4-inch, with a fully sanded face.

**NOTE: Particleboard, chipboard, Masonite and lauan are not considered to be suitable underlayments.**

3. Concrete Floors – Concrete shall have a minimum compressive strength of 3000 psi. New concrete slabs should cure for a minimum of 28 days before installing SFR REBOUND. Concrete must be fully cured and permanently dry.

### III. SUBFLOOR REQUIREMENTS AND PREPARATION

1. Subfloors shall be dry, clean, smooth, level, and structurally sound. They should be free of dust, solvent, paint, wax, oil, grease, asphalt, sealers, curing and hardening compounds, alkaline salts, old adhesive residue, and other extraneous materials, according to ASTM F710.
2. Subfloors should be smooth to prevent irregularities, roughness, or other defects from telegraphing through the new flooring. The surface should be flat to the equivalent of 3/16" (4.8 mm) in 10' (3.0 m).
3. Mechanically remove all traces of old adhesives, paint, or other debris by scraping, sanding, or scarifying the substrate. Do not use solvents. All high spots shall be ground level and low spots filled with an approved Portland-based patching compound.
4. All saw cuts (control joints), cracks, indentations, and other non-moving joints in the concrete must be filled with an approved Portland-based patching compound.

## INSTALLATION

5. Expansion joints in the concrete are designed to allow for expansion and contraction of the concrete. If a floor covering is installed over an expansion joint, it will likely fail in that area. Use expansion joint covers designed for resilient flooring.

**NOTE:** Expansion joint covers can be obtained from:

Balco, Inc.  
2626 South Sheridan  
P.O. Box 17249  
Wichita, KS 67217  
(316) 945-9328

Schluter-Systems L.P.  
194, Pleasant Ridge Road  
Plattsburgh, NY 12901-5841  
Phone: 1-800-472-4588

6. Always allow patching materials to dry thoroughly and install according to the manufacturer's instructions. Excessive moisture in patching material may cause bonding problems or a bubbling reaction with the SFR Adhesive.

### HAZARDS:

**SILICA WARNING** – Concrete, floor patching compounds, toppings, and leveling compounds can contain free crystalline silica. Cutting, sawing, grinding, or drilling can produce respirable crystalline silica (particles 1-10 micrometers). Classified by OSHA as an IA carcinogen, respirable silica is known to cause silicosis and other respiratory diseases. Avoid actions that may cause dust to become airborne. Use local or general ventilation or provide protective equipment to reduce exposure to below the applicable exposure limits.

**ASBESTOS WARNING** – Resilient flooring, backing, lining felt, paint, or asphaltic “cutback” adhesives can contain asbestos fibers. Avoid actions that cause dust to become airborne. Do not sand, dry sweep, dry scrape, drill, saw, beadblast, or mechanically chip or pulverize. Regulations may require that the material be tested to determine the asbestos content. Consult the document “Recommended Work Practices for Removal of Existing Resilient Floor Coverings” available from the Resilient Floor Covering Institute.

**LEAD WARNING** – Certain paints can contain lead. Exposure to excessive amounts of lead dust presents a health hazard. Refer to applicable federal, state, and local laws and the publication “Lead Based Paint: Guidelines for Hazard Identification and Abatement in Public and Indian Housing” available from the United States Department of Housing and Urban Development.

7. Maximum moisture vapor emission of the concrete must not exceed 5.5 lbs. per 1000 sq.ft. in a 24 hour period as measured by the calcium chloride moisture emission test conducted in accordance to ASTM F1869. Moisture can also be measured using the RH Relative Humidity test method per ASTM F2170 standard. Moisture content should not exceed 85% RH. If levels are high using either test method, then one of SPECIALIZED SUPPLIES recommended vapor retardants must be used. If the emissions exceed the limitations, the installation should not proceed until the situation has been corrected.

**NOTE:** For moisture remediation, SPECIALIZED SUPPLIES recommends the following two vapor retardant products.

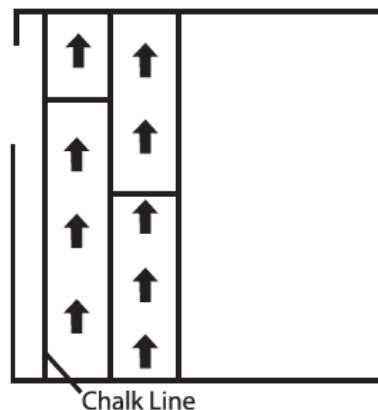
1. ARDEX MC Rapid, Plus or Ultra - 724-203-5000, [www.ardex.com](http://www.ardex.com)
2. Bostik Durabond D-250 - 888-592-8558, [www.bostik-us.com](http://www.bostik-us.com)

## INSTALLATION

8. It is essential that pH tests be taken on all concrete floors. If the pH is greater than 9, it must be neutralized prior to beginning the installation.
9. Adhesive bond tests should be conducted in several locations throughout the area. Glue down 3' x 3' test pieces of the flooring with the recommended adhesive and trowel. Allow to set for 72 hours before attempting to remove. A sufficient amount of force should be required to remove the flooring and, when removed, there should be adhesive residue on the subfloor and on the back of the test pieces.

### IV. MATERIAL STORAGE AND HANDLING

1. Material should be delivered to the job site in its original, unopened packaging with all labels intact.
2. Roll material should always be stored on end. Storing SFR REBOUND laying down may cause wetting, which causes permanent memory of the material. Rolls should only be stored on a clean, dry, smooth surface.
3. **Inspect all materials for visual defects before beginning the installation. No labor claim will be honored on material installed with visual defects. Verify the material delivered is the correct style, color, and amount. Any discrepancies must be reported immediately before beginning installation.**
4. The material and adhesive must be acclimated at room temperature for a minimum of 48 hours before starting installation.
5. **All SFR REBOUND rolls should be unrolled and installed in the same direction. Laying rolls in the opposite direction can cause pattern variations between the rolls.**



**Diagram 1**

6. Lay the rolls in a way to provide as few seams as possible with economical use of materials. Match edges for color shading and pattern at seams. Be prepared to straight edge cut the side seams to ensure pattern consistency.
7. For best results, the installer should unroll all rolls and allow to relax overnight.

## INSTALLATION

### V. INSTALLATION – SFR REBOUND ROLL MATERIAL

1. Make the assumption that the walls you are butting against are not straight or square. Using a chalk line, make a starting point for an edge of the flooring to follow. The chalk line should be set where the first seam will be located.
2. Remove the SFR REBOUND from the shrink wrap and unroll it onto the floor. Lay the vinyl on the floor in a way that will use your cuts efficiently. Cut all rolls at the required length, including enough to run up the wall a couple inches.
3. If end seams are necessary, they should be staggered on the floor and overlapped approximately 2". End seams will be trimmed **after acclimation period** using a square to ensure they fit tightly without gaps. Match and cut seams to maintain overall continuity of color and pattern.
4. After allowing proper acclimation and rough cuts are made you may begin the installation.
5. Align the first edge to the chalk line.  
**Note: it is very important that the first seam is perfectly straight.**
6. Position the second roll with appropriate overlap required to maintain board pattern consistency. After seams are trimmed, the edges should fit snug with no visual gaps. Care should be taken to not over compress the seam. Over compressed seams will cause peaking.
7. Repeat for each consecutive sheet necessary to complete the area or those rolls that will be installed that day.

### INSTALLATION – GLUE DOWN SFR REBOUND Rolls

- a. After performing the above procedures, begin the application of the adhesive. We recommend SFR ADHESIVE, a one-component moisture-cured polyurethane adhesive. **SFR ADHESIVE should not be mixed.** It is specially formulated for use right out of the pail. Apply SFR ADHESIVE to the substrate using a 1/16" square- notched trowel.
- b. Fold over the first drop along the wall (half the width of the roll). Rolls are 6 feet wide, so when roll is folded over this will leave an exposed area of substrate that is 3 feet wide.
- c. Spread the adhesive using the proper size square-notched trowel. Take care not to spread more SFR ADHESIVE than can be covered with flooring within 30 minutes. The open time of the adhesive is 30–40 minutes at 70°F and 50% relative humidity.

**NOTE:** Temperature and humidity affect the open time of the adhesive. Temperatures above 70°F and/or relative humidity above 50% will cause the adhesive to set up more quickly. Temperatures below 70°F and/or relative humidity below 50% will cause the adhesive to set up more slowly. The installer should monitor the on-site conditions and adjust the open time accordingly.

- d. Lay the flooring into the wet adhesive. Do not allow the material to “flop” into place; this may cause air entrapment and bubbles beneath the flooring.
- e. Immediately roll the floor with a 75–100 lb. roller to ensure proper adhesive transfer. Overlap each pass of the roller by 50% of the previous pass to ensure the floor is properly rolled. Roll the width first and then the length.

## INSTALLATION

- f. Fold over the second half of the first roll and half the width of the second roll. Taking roll widths into account, this will provide an exposed area of substrate that is 6 feet wide. Spread the adhesive, roll the flooring, and repeat for each consecutive drop.
- g. Continue the process for each consecutive drop. Work at a pace so that you are always folding material back into wet adhesive bed.

**NOTE:** Never leave adhesive ridges or puddles. They will telegraph through the material.

- h. Do not allow SFR ADHESIVE to cure on your hands or the flooring. Immediately wipe off excess adhesive with a rag dampened with mineral spirits! Cured adhesive is very difficult to remove from hands. We strongly suggest wearing gloves while using SFR ADHESIVE.
- i. Hand roll all seams after the entire floor has been rolled.
- j. Keep traffic off the floor for a minimum of 24 hours. Floor should be free from light rolling loads for a minimum of 48-72 hours.

### INSTALLATION – Welding SFR REBOUND Rolls

- a. Prepare seams in vinyl sheet flooring with routing tool and heat weld in accordance with standard heat welding practices.

## MAINTENANCE FLOOR CARE FOR SFR REBOUND

The SFR REBOUND product contains a high performance urethane wear layer with aluminum oxide particles, cured by a UV process. Through this technology, the SFR REBOUND offers low maintenance floor solutions that provide superior appearance retention, cleanability, and durability that does not require the use of polish or wax.

Proper cleaning is an essential part of keeping your floor attractive. These guidelines will help extend the appearance and life of your flooring.

### INITIAL CONSTRUCTION CLEANING

1. Wait a minimum of 24-48 hours before conducting the initial cleaning.
2. Remove all loose debris by sweeping or vacuum.
3. Ensure that all traces of adhesive are removed from the surface of floor using a clean white cloth dampened with mineral spirits.
4. Damp mop with a suitable neutral detergent such as SPECIALIZED SFR-Cleaner, following container instructions and/or dilution chart for proper dilution ratio.

**ROUTINE MAINTENANCE** - The following recommendations are provided as a guideline, and the frequency can be changed to optimize the appearance.

1. Dry sweep or dust mop to remove all loose debris and grit.

**NOTE:** Using entryway systems/walk off mats (non-staining types) at entrances to buildings prevent dirt, sand, grit and other from being tracked onto the floor and can reduce subsequent maintenance requirements.

2. Damp mop or utilize an auto scrubber with a properly diluted neutral cleaner on a regular basis in order to maintain an attractive floor appearance.
3. As necessary, wet scrub with a red scrubbing pad or soft nylon brush to prevent accumulation of soil build up.

**ALTERNATIVE FINISH AND MAINTENANCE OPTIONS** – Alternative maintenance options may include the use of polish, sealer, wax or spray buffing. Polish is optional and not required for the SFR REBOUND.

1. When applying finish to the floor it is required to thoroughly clean the floor with a neutral cleaner using a buffer or auto scrubber equipped with a red pad or soft nylon brush.
2. Rinse, and allow to dry thoroughly before applying finish.
3. Apply two coats of SFR-Finish making sure there is adequate dry time between coats.
4. Cleaning and maintenance frequency varies based on specific traffic volume and areas of use. The use of walk off mats combined with daily sweeping and reasonable wet cleaning frequency will help minimize more extensive maintenance steps.

**REMOVAL OF FLOOR FINISH** – When the floor gloss level appears worn or uneven due to traffic, the floor finish can be removed and reapplied to restore the floors appearance.

1. Thoroughly sweep or vacuum the floor to remove all loose dirt and grit.
2. Apply SFR-Strip with a microfiber mop or sprayer and allow to remain on the floor for 10-15 minutes but do not allow stripper to dry on surface.
3. Scrub floor with buffer or auto scrubber equipped with a red pad. Speed of 175-350 rpm recommended.
4. Vacuum remaining solution, rinse and mop the floor with clear cool water and allow to dry thoroughly.
5. Apply new finish to the floor.



## MAINTENANCE FLOOR CARE FOR SFR REBOUND

REGULAR CLEANING IS MORE BENEFICIAL TO THE FLOORCOVERING AND MORE COST-EFFECTIVE THAN OCCASIONAL HEAVY CLEANING.

### SFR REBOUND Approved Maintenance Products

| Manufacturer                          | Initial Cleaning                            | pH Neutral Cleaner | Floor Finish | Stripper  |
|---------------------------------------|---|--------------------|--------------|---|
| SPECIALIZED SUPPLIES & SERVICES, INC. | SFR-Cleaner<br>4-6 oz per/gal of cool water | SFR-Cleaner        | SFR-Finish   | SFR-Strip<br>1 part stripper<br>4 parts cold water<br>(32 oz/per gal) |

#### Floor Maintenance Product Definitions:

**pH Neutral Cleaner:** Specifically designed pH neutral cleaner for the ongoing maintenance of resilient flooring. An Integral part of comprehensive floor care to emulsify dirt quickly and safely.

**Floor Finish:** Matte or Gloss Acrylic floor finishes will suspend dirt and soil on the surface of the flooring for easier removal while providing an increase in gloss and adding protection to the flooring material.

**Stripper:** Strippers are more aggressive than cleaners and must be used for the removal of floor finishes.

## WARRANTY

# SFR REBOUND

SPECIALIZED SUPPLIES & SERVICES guarantees our SFR REBOUND product to be free from defects in workmanship and materials affecting wearing properties, for a period of 10 years from the date of installation, provided that the product has been installed in accordance with the installation instructions issued by us..

Any defect must be notified to us in writing, and we reserve the right to inspect and investigate any alleged defect. If after this investigation we consider the material to be defective, we will authorize repair or replacement product for the affected area without charge. If product is no longer available, SPECIALIZED reserves the right to substitute similar product of equal value and/or quality.

This warranty does not cover defects arising from any of the following:

1. Excessive Moisture
2. Chemical Reaction
3. Corrosion
4. Extremes in temperature
5. Abnormal usage above which the product is specified
6. Wear from chairs or other furniture without proper floor protectors
7. Indentations, scratches or surface damage caused by improper maintenance, misuse, negligence, spike heeled shoes, pebbles, sand, or other abrasive materials
8. Sub-floor irregularities causing premature wear
9. Dissatisfaction due to improper installation and/or maintenance
10. Labor on material installed with obvious defects
11. Labor costs on repair or replacement material
12. Any discoloration or bond failure as a result of unapproved adhesives or improper substrate preparation
13. Damage resulting from unapproved floor care products
14. Purchase of "seconds", "remnants", or other (non-first quality) flooring materials are not covered under this warranty.

These warranties are in lieu of any other warranty expressed or implied. SPECIALIZED shall not be liable for any incidental or consequential damages which may result from a defect. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you. These warranties give you specific rights, and you may also have rights which may vary from state to state. To know what your legal rights are in your state, consult your local or state Consumer Affairs Office or your State Attorney General.